



FAMILY AND SPECIALTY MEDICINE

LABORATORY

PATIENT INFORMATION SHEET

Stool Specimen Collection

Please read all directions first and follow them carefully.

The liquids in the vials are **POISONOUS**. Do not drink. Keep out of the reach of **children and pets**.

You have been asked to collect a stool sample for laboratory analysis. The collection set may contain 1, 2, or 3 vials. One of the vials may be empty (contains no liquid).

IMPORTANT:

- **Please wash hands before beginning the procedure.**
- **DO NOT** pass the specimen into the toilet.
- **DO NOT** pass the specimen directly into the collection vial.
- **DO NOT** urinate on the specimen or into the collection vial.
- **DO NOT** allow any water to mix with the specimen.

Instructions:

1. Pass the stool specimen into any clear and dry container such as a bedpan, a plastic bag, a plastic plate or a newspaper. Ensure surface is very clean to avoid sample contamination.
2. Carefully open each vial. Using the spoon attached to the cap, collect small amounts of stool from areas that are slimy, watery or bloody and place them into each vial. If the stool is hard, collect amounts from both ends and the middle and place into each vial. **IMPORTANT:** Fill each vial with enough specimen until the liquid reaches the *Fill Line* located on the label.
3. Fill only one vial at a time and replace the spoon/cap onto the same vial that it came from. Do not mix spoons/caps with other vials. After replacing the cap onto the vial, tighten it to avoid any spilling. **IMPORTANT:** Shake the sample thoroughly until the sample is well-mixed with the liquid in the vial.
4. If one vial contains no liquids (empty vial), fill the vial with stool specimen up to the *Fill Line* on the vial label. **DO NOT** mix or shake this vial. Tightly close the cap on the vial.
5. Fill out each label with all information requested. Check the box that best describes your specimen. Place all of the vials back into the package box or bag and close the lid. Wash your hands well with soap and water. Return the vials to your physician or laboratory where you receive them.
6. **IMPORTANT:** If any liquid from the vials or stool specimen gets into your eyes or on your skin, rinse the area with plenty of water. If any discomfort or irritation develops, contact a physician.

ANTIDOTE IF SWALLOWED: Give a glass of milk. Follow with a tablespoon of salt in a glass of warm water. Repeat until the vomit is clear. Contact a physician or local poison center IMMEDIATELY(1800-268-9017).

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