



2 CHAMPAGNE DRIVE (CHAMPAGNE CENTRE) UNIT B10 TORONTO M3J 2C5

CARDIOLOGY DEPARTMENT
PATIENT INFORMATION SHEET
Stress Echocardiography Testing

Appointments for Stress Echocardiography Testing are available on referral basis only and are fully covered by OHIP.

Appointment Instructions:

- Consult your physician on any medication you are taking as some may cause inaccurate result of the test. Also remember to **bring any inhalers** you may have.
- Do not CONSUME ALCOHOL or SMOKE 2 hours before the test.
- Remember to **wear appropriate clothing and shoes** for physical activity.
- Must bring a VALID HEALTH CARD, ALL CURRENT MEDICATIONS and a translator if the patient cannot speak English.
- If Health Card is not valid or expired, uninsured visit charges will apply.
- Patient will be asked to read and sign the consent form prior to starting the test.
- Patients who wish to RESCHEDULE or CANCEL their appointment must do so at least 48 business hours in advance to avoid a NO-SHOW fee of \$113.

Description of Test: Stress Echocardiography Testing

The purpose of Stress Echocardiography Testing is to measure patient's heart functions while doing physical activity. First an echocardiogram will be done while patient is still at rest to see how heart functions before getting stressed. Patient will be asked to walk on the treadmill and the speed or resistance will be increased in 3 minute increments.

Immediately after getting off the treadmill a second echocardiogram will be done for our physicians to examine how patient's heart functions under stress. The images will show if any part of the heart does not work under increased stress or if any part of the heart is blocking blood or oxygen flow.

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