

A.E. Briggs, B.A., M.D., F.R.C.P.(C)

Asthma, Allergy, Clinical Immunology and Internal Medicine

2 Champagne Drive, Unit B21, Toronto, ON M3J 2C5 Phone: (416) 222-6160 Ext 294 Fax: (416) 645-1978

PRE-VISIT INSTRUCTIONS – WITH DR. BRIGGS

- 1. Please bring a list of all medication taken in the last 6 months.
- 2. Puffers for asthma may be continued.
- 3. Avoid nasal sprays for 48 hours.
 - Antihistamine and decongestant tablets will affect the allergy testing. Some medications affect the testing if taken even a few weeks before the tests.

PLEASE REFRAIN FROM TAKING:

Claritin (Loratadine)	
Reactine (Ceterizine)	FOR 1 WEEK BEFORE VISIT
Allegra (Fexofenadine)	
Aerius	
AND OTHER ANTIHISTAMINES SUCH AS:	
Chlortripolon	
Sinutab	
Tavist	
Actifed	FOR 2 DAYS BEFORE VISIT
Dimetapp	
Benadryl or cough syrups	

** PLEASE ARRIVE 10 MINS. EARLY TO COMPLETE FORMS**