

NORTH YORK PULMONARY FUNCTION CENTRE

2 CHAMPAGNE DRIVE (CHAMPAGNE CENTRE) UNIT B21 TORONTO ON M3J 2C5

TEL: 416-590-0956, fax: 416-590-0957

PATIENT INFORMATION SHEET

Pulmonary Function Testing\Pre/Post Bronchodilator\Spirometry\Resting Oximetry

- For all general breathing tests you will be asked to perform a series of forced and relaxed breathing maneuvers. If requested by your physician, a medication that may open your airways may be offered to you.
- Pulmonary Function Testing may take up to 60 minutes; where pre/post bronchodilator, spirometry or resting oximetry might take only 15 minutes of testing.
- Patients are asked **NOT** to take any breathing medication for **12 hours** prior to tests. If you are symptomatic and need your breathing medication, **take it**, and advise the Pulmonary Technician at your appointment. Take all your other medications as usual.
- Patients are not required to withhold medication for walking tests unless otherwise advised by the ordering physician.
- If you have been booked for methacholine testing, please note that the test involves inhaling a preparation that may irritate your lungs. You will be given a medication that will reverse the irritation within minutes. You will be asked to sign a consent form prior to starting the test.
- Please bring a list of all medication you are taking to your appointment.
- Smoking should also be avoided for at least **4 hours** prior to these tests.
- If you are unable to keep your appointment, contact our office as soon as possible to rebook. We require 48 hours notice of cancellation so that another patient can be scheduled. Failure to provide 48 hours cancellation notice will result in a missed appointment fee of \$113 that must be paid before you can reschedule. This cancellation fee is not covered by OHIP.
- To reschedule an appointment or inquire about any test you are booked for please contact our booking office at 416-590-0956
- We are located at 2 Champagne Drive (Champagne Centre) Unit B21, Toronto, Ontario. We are located within the Polyclinic Family and Specialty Medicine Facility.
- Parking is free of charge.